Report

03-Days International Conference Cum Workshop

"Natural Products: Biological and Pharmaceutical Applications"

(Hybrid)

Compiled by;

Dr. Mubshara Saadia, Chairperson Department of Biochemistry, GC Women University

Faisalabad (GCWUF).



<u>The 2nd National and 1st International 03 Days Conference Cum Workshop on "Natural</u> <u>Products: Biological and Pharmaceutical Applications"(Hybrid)</u> was jointly arranged by Department of Biochemistry, Govt. College Women University Faisalabad (GCWUF) and Riphah International University Faisalabad (RIUF) on 18-20 December 2024.

The aim of current activity was to motivate the scientific community in shaping and designing their research activities in '*Herbalism*'. The specific objectives include; (i) Providing awareness about the usefulness of natural products, so the scientific community may direct its attention '*Back To Nature*'. (ii) Promotion of indigenous industry involved in trade of natural products to reduce expenses of import, especially related to synthetic medicines. (iii) Increasing the capacity of participants in learning of techniques and methods used in extraction, isolation and developments of natural products. (iv) Motivation for students to seek research career in fields related to herbalism by evaluating different research projects exhibiting development of various kinds of Natural/ Herbal formulations for its biological and pharmaceutical applications. (v) Exchange of valuable ideas among the experts of the fields to stimulate creation of marketable innovations. (vi) Addressal of the proposed SDGs by UNO including SDG No. 3 (Good health and well-being), 4 (Quality education), 9 (Industry/ innovation/ infrastructure), 13 (Climate action) and 17 (Partnership for the goals), the last one is the most important which motivates organizations for the development of partnerships to achieve goals and to promote social reach programs.

The inaugural ceremony at 1st day was held at *Khadija Auditorium*, *RIUF* with Recitation from the HOLY QUR'AAN AND NAAT SHAREEF. At welcome note, the Patron of the event, Prof. Dr. Khalil-ur-Rehman, Director Campus-Riphah International University Faisalabad (RIUF) briefed about objectives of the activity and presented a worldwide overview about the economic status of international herbal industry and described the current low position of Pakistani herbal industry in comparison so the remedial measures may be taken through awareness campaigns. In opening remarks, Patron-in-Chief of the event, Prof. Dr. Mudassir Ahmad, Chairman-RIUF praised the members of organizing committee especially the efforts of Prof. Dr. Khalil-ur-Rahman in arranging the managing the event on important cause. He welcomed the Chief Guest, Guest Speakers and the Students of both institutions at Riphah International University. The nominee of Vice Chancellor- University of Agriculture Faisalabad (UAF) Prof Dr. Amer Jamil- Director Academics, emphasized in his plenary lecture, the need of DNA barcoding of plants to have herbarium of high quality plant seeds and crops. The nominee from Vice Chancellor GCWUF, The Pro-VC, GCWUF- Prof. Dr. Zill-i-Huma Nazli, Patron of the event addressed the key benefits of the conference including institutional collaborations in research and launching new programs in academics regarding herbalism. She thanked the Chairman RIUF for providing space and financial support in management of a big event. Dr. M. Tahir Khaleeq, President Pakistan Nuclear Society PCS (R), Former DG-Nuclear Power Engineering, Informed that Pakistan Atomic Energy Commission

(PAEC) has done good work in producing high yielded crops in Pakistan and the scientists of its institutions in Faisalabad including NIAB and NIBGE are successfully working in introducing positive alterations in plant genome for better yield and protection against diseases. Mr. Irfan Shahid, CEO Awami Laboratories-Lahore, described the success story of business of herbal medicines in Pakistan. He explained very well the effectiveness of herbal products/ plant constituents in not only eradicating the common diseases, but controlling and managing the incurable diseases using plant products. He described the effectiveness of its herbal products including Uri Pro, Liv Pro, PilesEx and SlimSamrt with patients history. The Chief Guest of the event, Prof. Dr. Khalid Mehmood Khan (S.I.), President Pakistan Academy of Sciences, Ex.-Chairman- Pakistan Science Foundation, Ex.-Vice Chancellor- Arid Agriculture University, Rawalpindi) praised the efforts of both institutions in developing collaboration under social reach program and appreciated that government institutions are now following the practice of collaborative efforts in extending the outcomes of science and technology to society. He valued and forced to organize such events in collaborations for progress and strength of Herbal Industry of Pakistan, so indigenous products may be marketed to reduce expenses on import of life saving drugs and medicines. Dr. Mubshara Saadia, Convener/ Secretary of the event and Chairperson Department of Biochemistry, GCWUF thanked all the guests, especially to Director Campus and the Chairman, RIUF for providing very support in organizing such a big event. She briefed that her department has got statutory approval of introducing 02- courses on herbalism. The current event has got 500+ registrations, 50+ Speakers from different disciplines related to natural products from all over Pakistan (Kashmir/ Gilgit to Sindh) including abroad, 15+ stalls, 15+ Posters and 03- practical sessions. She further insisted that the regular conduction of such events would help in "Revival of Herbalism" in Pakistan, so we may compete with Indian and Chinese herbal markets. At this time a Memorandum of union (MOU) was also signed between Chairperson Department of Biochemistry, GCWUF and Chairperson Department of Biochemistry and Biotechnology RIUF for developing cooperation in different academic and research disciplines. The Chief Guest of the event distributed souvenirs among honorable guests and guest speakers at the end of inaugural session. After tea the honorable guests visited the stalls and posters, and appreciated the efforts of students who have displayed their herbal products and outcomes of the research studies. After lunch, the technical session was conducted in 03 rooms at RIUF and 15-speakers highlighted the salient outcomes of their research studies.





























The 2nd day of the event was organized at GCWUF. Two vice chancellors honored the event at closing ceremony. The Chief Guest of the event was Prof. Dr. Rauf-i-Azam, the Worthy Vice Chancellor- GCUF (GC University Faisalabad), the Worthy Vice Chancellor- UOJ (University of Jhang) Prof. Dr. Faheem Aftab was Guest of Honor. Prof. Dr. Farhat Jabeen, Dean Faculty of Life Sciences, GCUF also honored the event as *Guest of honor*. Prof. Dr. Kanwal Ameen (T.I.) (Guest of Honor) welcomed the guests along with Pro-VC, GCWUF Prof. Dr. Zill-i-Huma Nazli and Chairperson Department of Biochemistry GCWUF Dr. Mubshara Saadia. In her remarks, the Dean Faculty of Life Sciences- GCUF Prof. Dr. Farhat Jabeen appreciated the organization of event on herbalism and call it the need of time. In her welcome note the Worthy Vice Chancellor GCWUF, Prof. Dr. Kanwal Ameen (T.I.) expressed good feelings in conduct of conference on 'Natural Products' and shared the benefits of practicing natural remedies in usual life to have healthy life style avoiding medical complexities. She thanked the VCs of both universities and put forth the suggestion of joint ventures, beneficial for academia and research so the society may get benefits of research outcomes in field. The Guest of Honor, Prof. Dr. Faheem Aftab, the Worthy Vice Chancellor- University of Jhang informed that he is a Plant Scientist and know the inherent benefits of plants to mankind. He shared his words of wisdom by expressing the medicinal importance of some plants including the medicinal value of plant steroids. The Chief Guest of the event Prof. Dr. Rauf-i-Azam, the Worthy Vice Chancellor- GCUF emphasized that professionals of the field should come forth to boost economy of Pakistani Herbal Products. The suggested in his words of wisdom that students should seeks good entrepreneurships to support their livelihood and be beneficial to yourself and for the nation as well. He appreciated the efforts of organizer and the team of VC-GCWUF in establishing linkages with sister institutions. The chairperson of the department and convener of the event expressed that GCWUF and its faculty is motivating students for better career opportunities by designing new courses and programs. She thanked to all the guests for honoring the faculty and students of GCWUF. Souvenirs were awarded among honorable guests and guest speakers at the end of the closing ceremony.

The technical sessions were started after tea and lunch breaks to guests and mostly covered through On-Line mode. **Prof. Dr. Abdul Razaq, Acting Vice Chancellor/ Director QEC- Karakoram International University (KIU),** <u>Gilgit Biltistan (*Guest of honor*) shared his <u>plenary Lecture</u>. He described that the land of GB is very rich with medicinal plants and almost all the population treat their usual diseases with plant remedies. He described the medicinal value of some native plants and their drug like effects. **Dr. Muhammad Naeem Ahmad**, Chairman, Department of Chemistry- University of <u>Azad Jammu & Kashmir</u> (<u>UAJK</u>) <u>Muzaffarabad</u>, was also guest speaker who described the biological importance of Azoles and also described the medicinal values of plants native to AJK. **Prof. Dr. Imran Khatri**, Department of Entomology, Sindh Agriculture University, Tandojam, <u>Sindh</u> also joined the session through on-line source and described the importance of medicinal plants of Sindh focusing on their biological & pharmaceutical</u> applications. **Dr. Abdur Rauf**, from Department of Chemistry, University of Sawabi, <u>Khyber</u> <u>Pakhtunkhwa (KPK)</u> delivered his on-line talk on Isolation and characterization of Dimeric Naphthoquinones from *Diospyros lotus* and discussed its detail biological studies for Discovery of New Drug. **Dr. Nurul Shazini Ramli**, Department of Food Science, Universiti Putra <u>Malaysia</u>, shared her recorded talk on "Identification of metabolites in underutilized fruit using NMR-based metabolomics", **Dr. Ezzat Binti Mohammad Azman**, Department of Food Technology, Universiti Putra <u>Malaysia</u> shared recorded talk on "Exploring the Potential of Mangosteen Pericarp as a Source of Bioactive Compounds for Us as Natural Food Colorants", **Dr Mobina Ulfat**, Associate Professor, Department of Botany, LCWU, Lahore; PostDoc Research Fellow in Agriculture Department of Applied Biological Chemistry, The University of Tokyo, <u>Japan</u>, shared her recorded talk on "Plant based antifungal compounds: isolation, identification and applications". **Dr. Lubna Khatoon**, Faculty of Health Science, DIS, Copenhagen, Denmark shared the recorded talk on Review of medicinal plants in Denmark/Nordic countries.

Guest speakers of <u>17 reputed university</u> joined the event including NIAB, NIBGE, University of Agriculture Faisalabad (UAF), GC University Faisalabad (GCUF), University of Lahore (Sargodha Campus), Superior University (Sargodha Campus), University of Sargodha (UOS), University of Punjab (PU), University of Education Lahore (UE), Women University Multan, Islamia University Bahawalpur (IUB), Ghazi University Dera Ghazi Khan (GU), Sardar Bahadur Khan Women's University, Quetta-Balochistan, Sindh Agriculture University, Tandojam- Sindh, University of Sawabi- PKP, University of Azad Jammu & Kashmir (UAJK) Muzaffarabad, and Karakoram International University (KIU)- Gilgit Biltistan (GB). <u>More than 25 speakers</u> from all over Pakistan and abroad participated at 2nd day to shared their talks and research outcomes in technical sessions using hybrid mode.



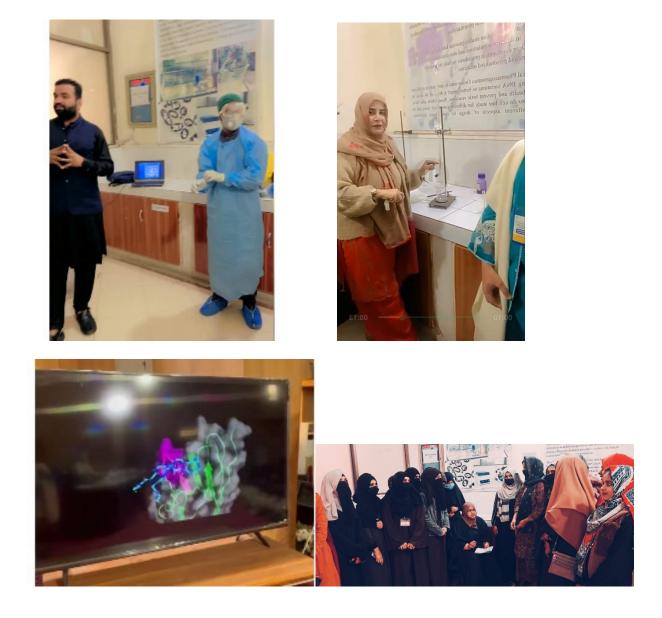


The 3rd day of the event was mainly the workshop day except some talks from experts of the fields. After recitation and Naat Sharif, Prof. Dr. Khalil-ur-Rehman, Director Campus- Riphah International University (RIUF), welcomed all the participants of the conference, briefly described the need of workshop for the participants and thanked the guest of honor of the day, Prof. Dr. Ijaz Rasool Noorka, Chairman-Department of Plant Breeding & Genetics (PBG), University of Sargodha (*Guest of Honor*). He also chaired the technical session. In his address, Prof. Dr. Ijaz Rasool Noorka talked on the need of availability of quality food and food security. He also emphasized on the adaptation of ethical values in scientific research and in routine life. The Coordinator, Faculty of Management Sciences GCWUF, Prof.

Dr. Saima Akram also joined the event and appreciated the conduct of activity on 'Natural products'. **Professor Dr. Zill-i-Huma**, Pro-VC, GCWUF was the <u>*Chief Guest*</u> of the day, she thanked all the guests and distributed souvenirs among organizing committee members and the honorable guest speakers. After tea break, the plenary talk was delivered by **Prof. Dr. Muhammad Sher**, Director Institute of Chemistry, University of Sargodha (UOS) Sargodha. Three guest speakers discussed the use of different bioinformatics softwares in biology, especially in drug discovery through system biology (**Dr. Gulam Mustafa-GCUF**), on Molecular Docking (**Dr. Nargis Sultana- UOS**) and Computer Aided Drug Designing (**Dr. Fiaz-ur-Rahman- UOS**).



In labs. Ms. Maryam Afzal (GCUF), Dr. Riffat Iqbal (GCWUF), Dr. Sofia Perveen (GCWUF), Dr. Sadia Aslam (GCWUF), Mr. Ali Raza (Mujahid Hospital), MS. Sumbel Malik, Ms. Maryam Afzal and Ms Sameen (GCWUF) presented demonstrations and practical work for 7th semester students of GCWUF.





The 3rd day activity was ended with a note of thanks by Chairperson Department of Biochemistry to Worthy Vice Chancellor- GCWUF, Pro VC- GCWUF, Chairman RIUF, Director Campus RIUF, Honorable guests, faculty members, students and the organizing committee members especially, *Dr. Nadia Afsheen* from RIUF and *Dr. Sadia Aslam* from GCWUF. *Dr. Mubshara Saadia* described that almost all the objectives of the event have been attained satisfactorily, however the workshop part of the event should be extended to more time than the allocated time frame.

She informed that more than 80% of the participants showed consent on regular conduction of such activities in a feed-back Proforma.

She ended the note with a news about next venture of organizing a *workshop* along with an *Expo- of Natural Products* comprising the leading companies/ organizations of Pakistan working on herbal products.

2nd National and 1st International 03-Days Conference Cum Workshop on "Natural Products: Biological and Pharmaceutical Applications" (Hybrid)

(December 18-20, 2024)

Department of Biochemistry, GCWUF, Faisalabad.

Feed Back Proforma/ Scientific Survey

Name:

Profession (If Student, Session/ Semester): _____

Age: ____

Place/ Residency: _____

Institution:

Email:

Questions		Strongly Disagreed (<25%)	Disagreed (<50%)	Agreed (>50%)	Strongly Agreed (>80%)
1.	At what extent you experienced this activity a fruitful venture.				(* 6676)
2.	Do you think that the health issues regarding bone weakness and depressed immunity have increased from last 25 years (Since 2000)?				
3.	Have you experienced back/ limb pain or bone issues before age of 40?				
4.	Do you suppose that this event may play effective role in providing awareness about usefulness of herbal therapies/ treatment?				
5.	Would such events be arranged regularly for revival of "Herbalism"?				
6.	Would such events support indigenous herbal industry by showcasing the products of Pakistan herbalists?				
7.	At what extent you prefer herbal remedies over synthetic medications?				
8.	Do you think that Herbalism will progress rapidly in Pakistan if the quality control measures may be regulated by respective Govt. Agencies/ Departments?				

		Questions	Responses	191	Settings	
	191 responses				🕇 Link to Shee	ts :
	Summary		Question		Individual	
	Who has responded?					
	Email					
	sadiaballo22@gmail.com					
	areebasaqib081@gmail.com					
	inaamhafsa55@gmail.com					
	noorulhudakhan087@gmail.com					
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					 Strongly Agreed (100%) 	

Annexure

2nd National and 1st International 03-Days Conference Cum Workshop on

"Natural Products: Biological and Pharmaceutical Applications" (Hybrid)

Daily Planner and Conference Committees

(December 18-20, 2024)

Daily Planner/ Venue RIUF

Day 1- Wednesday, December 18, 2024

Inaugural Session

08:30 am - 09:00 am -	- <u>Arrangements</u>
09:00 am - 9:20 am -	Recitation from the HOLY QUR'AAN AND NAAT SHAREEF
09:20 am - 09:30 am -	- Welcome Note by Prof. Dr. Khalil-ur-Rehman, Director Campus-Riphah International
	University (RIU), Faisalabad.
09:30 am - 09:40 am	Opening Remarks by Prof. Dr. Mudassir Ahmad, Chairman- Riphah International
	University (RIUF), Faisalabad.
09:40 am - 09:55 am	Words of wisdom by Prof. Dr. Muhammad Asghar, Vice Chancellor- Alkhair University
	(AJK). <u>(Guest of Honor)</u>
09:55 am - 10:10 am	Words of wisdom by Prof. Dr. Muhammad Afzal, Vice Chancellor- Baba Guru Nanik
	University (BGNU), Nankana Sahib. (Guest of Honor)
1 0:10 am - 10:15am	Words of Wisdom by Prof. Dr. Muhammad Sarwar Khan, Vice Chancellor- University of
	Agriculture Faisalabad (UAF) Faisalabad. (Guest of Honor)
10:15 am - 10:20am	Remarks by Prof. Dr. Zill-i-Huma Nazli, Pro-Vice Chancellor, GCWUF.
10:20 am - 10:30am	Words of Wisdom by Prof. Dr. Kanwal Ameen (T.I.), Vice Chancellor- Govt. College
	Women University (GCWUF) Faisalabad. (Guest of Honor)
10:30 am - 10:50am	Address of Prof. Dr. Khalid Mehmood Khan (S.I.), President Pakistan Academy of
	Sciences, Ex Chairman- Pakistan Science Foundation (PSF), ExVice Chancellor-
	Arid Agriculture University, Rawalpindi. (Chief Guest)
10:50 am - 10:55am	Note of Thanks to Honorable Guests by Dr. Mubshara Saadia, Chairperson- Department of
	Biochemistry (GCWUF), Faisalabad.

MOU Signing Ceremony and Certificates Distribution to Guests Speakers: 10:55 -11:05 am Tea Break: 11:05 – 11:25 am

Plenary Lecture- 11:25 am - 11:50 am (Khadija Auditorium)

Prof. Dr. Amer Jamil, Director Academics- Ex.- Chairmen Department of Biochemistry, University of Agriculture

Faisalabad (UAF)

"From bench to sustainable economic growth: Harnessing natural product potential"

Session for Dignitaries of the Field: 12:00 pm - 2:00 pm (Khadija Auditorium)

Chair: Prof. Dr. Khalil-ur-Rahman, Director Campus-RIUF. Co-chair: Prof. Dr. Shazia Anwar Bukhari, Chairperson Department of Biochemistry-GCUF.

12:00 pm – Note by Prof. Dr. Shahid Iqbal, Director-University of Education, Faisalabad Campus (UE).

12:15 pm – Talk by Mr. Irfan Shahid, CEO Awami Laboratories-Lahore.

12:35 pm – Note by Dr. Shafqat Javed, Executive Director-Mujahid Hospital, Faisalabad.

12:45 pm – Note by Dr. M. Tahir Khaleeq, President Pakistan Nuclear Society PCS (R), Former DG-Nuclear Power Engineering, PAEC.

01:00 pm – Note by Prof. Dr. Farhat Jabeen, Dean-Faculty of Life Sciences-Govt. College University Faisalabad (GCUF).

01:15 pm – Note by Prof. Dr. Haq Nawaz Bhatti, Dean Faculty of Science, University of Agriculture, Faisalabad (UAF).

01:30 pm – Remarks by **Prof. Dr. Zil-i-Huma,** Pro-VC, GCWUF, Dean/ Coordinator, Faculty of Science & Technology, Govt. College Women University Faisalabad (GCWUF).

Lunch Break: 01:40 – 02:00 pm

Technical Session-I: 02:00 pm - 4:00 pm (Khadija Auditorium)

Chair: Prof. Dr. Farhat Jabeen, Dean, Life Sciences- GCUF.

Co-chair: Prof. Dr. Muhammad Zubair, Examination Executive- RIUF.

02:00 pm – Leo	cture 1 – Prof. Dr. Abida Raza Rao (University Institution of Biochemistry and Biotechnology, PMAS-Arid
	Agriculture University, Rawalpindi.
Title:	"How to build trust of stockholders in science"
02:20 pm – Leo	eture 2 – Prof. Dr. Muhammad Ramzan Saeed Ashraf Janjua, Department of Chemistry- Government College
	University Faisalabad (GCUF), Faisalabad.
Title:	"Challenges and Implications in Computational Chemistry"
02:40 pm – Leo	cture 3 – Prof. Dr. Anjum Zia, Chairman, Department of Biochemistry- University of Agriculture Faisalabad (UAF), Faisalabad.
Title:	"Uv mutagenesis of Streptococcus pyogenes ebl-35 for enhanced production of streptokinase"
03:00 pm – Lec	eture 4 – Prof. Dr. Mahmood-ul- Hassan, Principal Scientist- Nuclear Institute for Agriculture and Biology (NIAB),
	Faisalabad.
Title:	"Impact of high value oil crops in the economy of Pakistan and opportunities for value added Products"
03:20 pm – Leo	cture 5 – Prof. Dr. Tahir Mahmood, Institute of Microbiology and Molecular Genetics- University of the Punjab,
	Quaid-e-Azam Campus, Lahore.
Title:	"Molecular identification, phytochemical characterization, and pharmacological potential of isolated compounds form <i>Momordica balsamina</i> "
03:40–4:00 pm Tite:	- Lecture 6 - Mr. Muhammad Yaseen Randhawa- Legumes Company (PVT), Faisalabad.

Technical Session-II: 02:00 pm - 4:15 pm (Room # 282/S-1)

Chair: Prof. Dr. Ayesha Sameen, Coordinator Faculty of Arts and Social Sciences- GCWUF.C0-Chair: Dr. Yasir Mahmood, Head of Department of Pharmacy -RIUF.

02:00 pm – Lectu	re 1 – Dr. Arshad Hussain, Principal Scientist- Agronomic Research Station, Bahawalpur.
Title:	"Importance and production technology of medicinal plants"
02:20 pm – Lectu	re 2 Dr Uzma chohan, MBBS- FCPS, Associate Professor, Shaihda Islam Medical College Lodhran,
	Founder and C.E.O Hamdard Blood Bank and Transfusion Services Bahawalpur.
Title:	"Thrombocytopenia: When to label, causes and treatment options- A quick review"
	rre 3 – Dr. Asam Raza Basra, Associate Professor, School of Chemistry-University of Punjab (PU), Lahore.
Title:	"Innovative Nature-Based Synthetic Drugs: Shaping the Future of Inflammatory Diseases Treatment"
03:00 pm – Lectu	Ire 4 – Prof. Dr. Muhammad Shahid, Department of Biochemistry- UAF, Faisalabad.
Title:	"Bioassays road map for natural products"
03:20 pm – Lectu	re 5 – Prof. Dr. Fathia Mubeen, Deputy Chief Scientist, Soil and Environmental Biotechnology Division-
	National Institute for Biotechnology and Genetic Engineering (NIBGE) Faisalabad.
Title:	"NIBGE Biofertilizers &Biopesticide: from lab to field"
03:40 pm – Lectu	re 6 — Prof. Dr. Mian Anjum Murtaza, Director, Institute of Food Science and Nutrition- University of Sargodha (UOS), Sargodha.
Title:	"Nutritional and curative facets of bioactive peptides from fermented dairy foods"
04:00 – 04:15 pm	- Lecture 7 — Dr. Abdul Tawab, Principal Scientist, Health Biotechnology Division, National Institute for
	Biotechnology and genetic Engineering (NIBGE), Faisalabad.
Title:	"Natural products; the sole remedial factors against diseases"

Technical Session-III: 02:00 pm - 4:15 pm (Room # 348/ S-3)

Chair: Prof. Dr. Tahir Mahmood, Institute of Microbiology and Molecular Genetics-PU Lahore. Co-chairs: Dr. Abida Kausar, Chairperson, Department of Botany- GCWUF.

02:00 pm – Lecture 1 -	- Prof. Dr. Muhammad Aamer Mehmood, Department of Bioinformatics and Biotechnology, Founding
	Executive Board Member and Secretary -General Asian Federation of Biotechnology, Pakistan.
Title:	"Algae-based decarbonization, resource recovery, recycling and bioproducts"
02:20 pm – Lecture 2 –	- Prof. Dr. Nudrat Aisha Akram, Department of Botany- Government College University Faisalabad
	(GCUF), Faisalabad.
Title:	"Improvement in physio-metabolic processes by ascorbic acid obtained from natural sources in okra
	(Abelmoschus esculentus L.) under water deficit stress"
02:40 pm – Lecture 3 -	- Prof. Dr. Muhammad Iqbal, Chairman, Department of Botany- Government College University
-	Faisalabad (GCUF), Faisalabad.
Title:	
03:00 pm – Lecture 4 –	- Prof. Dr. Yasir Mehmood, Head of Institution of Pharmaceutical Sciences and Quality Assurance,
	Riphah International University Faisalabad.
Title:	"The Value of Bio-Similar Medicines for Healthcare Systems"
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03:20 pm – Lecture 5 -	- Dr. Iram Hafiz, Assistant Professor, Institute of Chemistry, University of Sargodha, Sargodha
Title:	"Bio-preservative prospects of traditional species and herbs"
03:40 pm – Lecture 6	- Dr. Kashif Iqbal, Lecturer, Institute of Physiology and Pharmacology, Faculty of Veterinary
	Sciences, University of Agriculture, Faisalabad (UAF).
Title:	"Challenges and Opportunities in Translating Natural Product Research into Clinical Applications"
04:00-4:15 nm - Lectu	rre 7 – Ms. Soha Pervaiz, Ph.D. Scholar- Nuclear Institute for Agriculture and Biology (NIAB),
onco mo più Eccu	Faisalabad.
Title:	"Evaluation of biochemical defence response of sesame (<i>Sesamum indicum L.</i>) mutant genotypes
1	against phyllody disease"
4	against phynologi alsoase

End of Day-I Activities 4:15 pm

Day 2- Thursday, December 19, 2024 <u>Venue GCWUF</u>

Welcome Session

08:30 am - 09:00 am -	Arrangements
09:00 am - 9:20 am -	Recitation from the HOLY QUR'AAN AND NAAT SHAREEF
09:20 am - 09:25 am -	Welcome Note by Dr. Mubshara Saadia , Chairperson- Department of Biochemistry, Govt. College Women University Faisalabad (GCWUF), Faisalabad.
09:25 am - 09:35 am -	Remarks by Prof. Dr. Farhat Jabeen , Dean Faculty of Life Sciences, Professor of Zoology- Govt. College University Faisalabad. (Guest of Honor)
09:35 am - 09:45 am -	Remarks by Prof. Dr. Mudassir Ahmad, Chairman- Riphah International University, Faisalabad. (Guest of Honor)
09:45 am - 09:55 am -	Remarks by Dr. Shahid Soroya , Director General, Pakistan Institute of Education, Ministry of Federal Education and Professional Training, Pakistan (Guest of Honor)
09:55 am - 10: 05am	Remarks by Prof. Dr. Zill-i-Huma Nazli, Pro-Vice Chancellor- GCWUF.
10:05 am - 10:15 am -	Words of Wisdom by Prof. Dr. Faheem Aftab , Vice Chancellor University of Jhang (UOJ) Jhang. (Guest of Honor)
10:15 am - 10:25 am –	Words of Wisdom by Prof. Dr. Kanwal Ameen (T.I), Vice Chancellor- Govt. College Women University Faisalabad (GCWUF) Faisalabad. (Guest of Honor)
10:25 am - 10:35 am -	Words of Wisdom by Prof. Dr. Rauf-i-Azam , Vice Chancellor- Govt. College University Faisalabad (GCUF) Faisalabad. (<u>Chief Guest</u>)
10:35 am - 10:40 am -	Note of Thanks by Prof. Dr. Khalil-ur-Rehman , Director Campus-Riphah International University (RIU), Faisalabad.

Certificates Distribution to Guest Speakers/ Conference Organizers: 10:40 - 11:00 am Tea Break for Guests: 11:00 - 11:20 am

Plenary Lecture- 11:20 am - 11:40 am (Jinnah Auditorium)

Prof. Dr. Abdul Razaq, Acting Vice Chancellor/ Director QEC- Karakoram International University (KIU), Gilgit Biltistan (Guest of Honor)

Technical Session-IV: 11:40 am - 1:30 pm (Jinnah Auditorium)

Chair: Prof. Dr. Mahmood-ul- Hassan, Principal Scientist- Nuclear Institute for Agriculture and Biology (NIAB), Faisalabad.

Co-chairs: Dr. Madiha Ilyas, Head of Department of Human Nutrition and Dietetics- GCWUF. Dr. Tamseela Mumtaz, Head of Department of Zoology- GCWUF.

11:40 am – Lectur	e 1 – Dr. Muhammad Naeem Ahmad, Chairman, Department of Chemistry- University of Azad
	Jammu & Kashmir (UAJK), Muzaffarabad.
Title:	"Design, Synthesis, and Structural Studies of Some Azoles as Important Biological Scaffolds"
12:00 pm – Lectur	e 2 – Dr. Fazli Rabbi Awan, Principal Scientist, National Institute for Biotechnology and genetic Engineering (NIBGE), Faisalabad.
Title:	
12:20 pm – Lectur	re 3 – Dr. Shumaila Kiran, Associate Professor, Department of Applied Chemistry- Government College
TC * (1	University Faisalabad (GCUF), Faisalabad.
Title:	"A comprehensive overview on advanced approaches for remediation of textile waste water"
12:40 pm – Lectur	e 4 – Online – Prof. Dr. Ashraf Shaheen, Head of Department of Allied Health Sciences-Superior University
T:41	Sargodha Campus, Ex. Director, Institute of Chemistry, University of Sargodha.
Title:	"Metal mediated isolation of bioactive compounds from plants"
12:55 pm –Lecture	e 5 – Online – Prof. Dr. Imran Khatri (Department of Entomology, Sindh Agriculture University,
Title:	Tandojam, Sindh. "Medicinal Plants of Sindh: Natural Products and Their Biological & Pharmaceutical Applications"
Thie.	Medicinal Fiants of Sindii. Natural Floducts and Filen Biological & Filannaceutical Applications
01:15- 1:30 pm – I	Lecture 6 – Online – Dr. Muhammad Ilyas, Assistant Professor, Group Leader, Centre for Omic Sciences-
Title:	Islamia College University Peshawar. "The Genetic and Phenotypic Analysis of Neurological Disorders in Khyber Pakhtunkhwa, Pakistan"
Thue:	The Genetic and Phenotypic Analysis of Neurological Disorders in Knyber Pakhtunkhwa, Pakistan
	Lunch and Prayer Break 01:30-2:00 pm
Chair: Dr. N	<mark>sion-IV: 02:00 pm - 4:10 pm (Jinnah Auditorium)</mark> Naheed Akhtar, Associate Professor, Department of Biochemistry- GCUF. Shumaila Kiran, Associate Professor, Department of Chemistry-GCUF.
02:00 pm – Lectur Title:	re 7 – Dr. Sadia Falak, Assistant Professor, Department of Biochemistry, University of Jhang (UOJ)
02:15 pm – Lectur	re 8 – Mr. Ali Raza, Laboratory Manager, Mujahid Hospital, Madina Town, Faisalabad.
Title:	"Lab Safety Protocols/ Importance of Allied Health Sciences in Health Care System"
02:35 pm – Lectur	• 9 – Online – Dr. Muhammad Saleem, Associate Professor, Department of Chemistry- Ghazi University (GU-DGK) Dera Ghazi Khan.
Title:	
02:55 pm – Lectur	re 10 – Online – Dr. Nurul Shazini Ramli, Department of Food Science, Universiti Putra
Title:	Malaysia "Identification of metabolites in underutilized fruit using NMR-based metabolomics"
03:15 pm – Lectur	re 11 – Online –Dr. Ezzat Binti Mohammad Azman, Department of Food Technology, Universiti Putra
	Malaysia.
Title:	"Exploring the Potential of Mangosteen Pericarp as a Source of Bioactive Compounds for Us as

03:35 pm – Lecture 12	2 – Online – Dr Mobina Ulfat, Associate Professor, Department of Botany, LCWU, Lahore; PostDoc
	Research Fellow in Agriculture Department of Applied Biological Chemistry, The University of Tokyo, Japan.
Title:	"Plant based antifungal compounds: isolation, identification and applications"
03:50 pm –Lecture 13 Title:	 Online – Dr. Lubna Khatoon, Faculty of Health Science, DIS, Copenhagen, Denmark. "Review of medicinal plants in Denmark/ Nordic countries
04:10 pm – 04:25 pm - Title:	 Lecture 14 – Online – Dr. Shamaila Rafiq, Herbicines Research Center, Aarhus-Denmark. "Ethical Principles in Clinical research"
Technical Sessio	n-V: 11:40 am - 1:30 pm (Committee/ Video Conference Room)
Chair: Dr. Sad	lia Javed, Associate Professor, Department of Biochemistry-GCUF.
	ida Kausar, Chairperson Department of Chemistry, GCWUF.
	esha Younas, Chairperson Department of Physics- GCWUF.
11:40 am – Lecture 1	– Dr. Abdul Gaffar, Associate Professor, Department of Biochemistry- Government College University Faisalabad (GCUF), Faisalabad.
Title:	"Papase and natural bioactive compounds of <i>Carica papaya</i> to combat dengue"
12:00 pm – Lecture 2	 Dr. Shagufta Kamal, Associate Professor, Department of Biochemistry- Government College University, Faisalabad (GCUF), Faisalabad.
Title:	"A comprehensive overview of the Development of an Acetylcholine esterase-biosensing device for the detection of heavy metals"
12:20 pm – Lecture 3	- Online - Dr. Abdur Rauf, Associate Professor, Department of Chemistry, University of Sawabi, Khaibar Pakhtunkhwa (KPK).
Title:	"Isolation, Characterization of Dimeric Naphthoquinones from <i>Diospyros lotus</i> and its detail biological studies for Discovery of New Drug"
12:40 pm – Lecture 4 Title:	 Dr. Tahsin Gulzar, Associate Professor, Department of Chemistry- Government College University Faisalabad (GCUF), Faisalabad. "Incredible health benefits of medicinal peppers"
	 Dr. Ayesha Sultan, Associate Professor Department of Chemistry, University of Education, Lahore. "Exploring discarded pea peels as potential source of phytochemicals and evaluation of antifungal potential of pea peel extract"
01:15 pm – 01:30 pm -	- Lecture 6 – Dr. Noreen Sajjad, Assistant Professor, Department of Chemistry, University of Lahore
Title:	(UOL), Lahore. "Catalytic Production of Biodiesel from Castor oil using Biogenic Synthesized Copper-Nickel Nanoparticles"
	Lunch and Prayer Break 01:30 - 2:00 pm
Technical Sessio	n-VI: 02:00 pm - 4:30 pm (Committee/ Video Conference Room)
	gufta Kamal, Associate Professor, Department of Biochemistry- GCUF. •a Noreen, Head of Department of Geography-GCWUF.
02:00 pm – Lecture 7	 Dr. Sadia Javed, Associate Professor, Department of Biochemistry- Government College University Faisalabad (GCUF), Faisalabad.
Title:	"Probiotics encapsulation to ameliorate the viability and stability under gastrointestinal simulation"
02:15 pm – Lecture 8	 Dr. M. Farid-ul-Haq, Ph.D. Scholar, Department of Chemistry, University of Sargodha (UOS), Sargodha.

02:35 pm – Lecture 9 –	Online - Dr Sajjad Ali, Associate Professor of Chemistry and Director Academics- Karakoram
	International University (KIU), Gilgit Biltistan (GB).
Title:	"Medicinal Plants of Gilgit-Baltistan, An Ethnobotanical and Chemical Perspective
02:50 pm – Lecture 10	- Online - Dr. Syeda Laila Rubab, Associate Professor, Department of Chemistry- University of
	Education, Jauharabad Campus.
Title:	"Green Chemistry: A Key to Unlocking a Sustainable Future"
03:05 pm – Lecture 11 –	- Online - Dr. Farida Bahlil (Assistant Prof., Department of Chemistry, Sardar Bahadur Khan Women's
	University, Quetta, Balochistan.
Title:	"Synthesis, characterization and biological applications of nanoparticles"
03:20 pm – Lecture 12	- Online - Dr. Raheela Jabeen, Assistant Professor, Department of Biochemistry, Women
	University Multan (WUM), Multan.
Title:	"Comparative Analysis of Bioactive and Abrasion Healing Potential of Fractional Extracts of Salix
	alba"
03:35 pm – Lecture 13	- Online - Dr. Gulnaz Afzal, Associate Professor, Department of Zoology, Islamia University
	Bahawalpur (IUB)
Title:	"The first report on erythrocytic alterations, histo-pathologies and oxidative damage caused by
	environmentally relevant concentrations of thiram in Labeo rohita"
03:50 pm – Lecture 14	- Azqa Amjad, Ph.D. Scholar, Department of Chemistry- Government College University
	Faisalabad (GCUF), Faisalabad.
Title:	"Extraction and HPLC analysis of natural colorants from rosa indica, punica granatum, alkane
	tinctoria and their application in lip care products"
004:15 pm – 4:30 pm –	Lecture 15 – Online – Dr. Mahmood Ahmed, Department of Chemistry, Division of Science and
 	Technology- University of Education, Lahore.
Title :	"Naproxen conjugated sulfonamides as urease inhibitors"
04:30 pm – Ending rem	aarks by Dr. Mubshara Saadia/ Prof. Dr. Khalil-ur-Rahman

End of Day-II Activities 4:30 pm

Day 3- Friday, December 20, 2024

Venue GCWUF

Welcome Session

08:30 am - 09:00 am -	- Arrangements
09:00 am - 9:20 am -	Recitation from the HOLY QUR'AAN AND NAAT SHAREEF
09:20 am - 09:30 am -	Welcome Note by Dr. Mubshara Saadia, Chairperson- Department of Biochemistry, Govt. College Women University Faisalabad (GCWUF), Faisalabad.
09:30 am - 09:35 am -	Remarks by Prof. Dr. Ayesha Sameen, Coordinator Faculty of Art and Social Sciences, GCWUF.
09:35 am - 09:40 am -	Remarks by Prof. Dr. Saima Akram, Coordinator, Faculty of Management Sciences, GCWUF
09:40 am - 10:00 am -	Address by Prof. Dr. Ijaz Rasool Noorka , Chairman-Department of Plant Breeding & Genetics (PBG), University of Sargodha (Guest of Honor)
10:00 am - 10:10 am -	Words of Wisdom by Prof. Dr. Zill-i-Huma , Pro-Vice Chancellor, GCWUF. (Chief Guest)
10:10 am - 10:20 am –	Note of Thanks by Prof. Dr. Khalil-ur-Rehman , Director Campus- Riphah International University (RIU), Faisalabad.

Certificate Distribution and Tea Break for Guests: 10:20 - 10:40 pm

Plenary Lecture- 10:40 am - 11:00 am (Jinnah Auditorium)

Prof. Dr. Muhammad Sher, Director Institute of Chemistry, University of Sargodha (UOS) Sargodha

"Solubility enhancement of some poorly soluble drugs using solid dispersion method"

Technical Session-IV: 11:00 am - 01:15 pm (Room # Jinnah Auditorium)

Chair:	Prof. Dr. Ijaz Rasool Noorka, Chairman-Department of Plant Breeding & Genetics (PBG), University of Sargodha (UOS).
Co-chairs:	Prof. Dr. Zafar Iqbal, Chairperson, Department of Botany, University of Sargodha (UOS).
11:00 am – L	ecture 1 – Dr. Nargis Sultana, Associate Professor, Institute of Chemistry- University of Sargodha (UOS), Sargodha.
Title:	"Molecular Docking: A Key for Drug Designing"
11:20 am – L	ecture 2 – Dr. Muhammad Ameen, Head of Department of Chemistry- University of Lahore (UOL) Sargodha
	Campus, Sargodha.
Title:	"Cellulose ether derivatives: A versatile platform for drug delivery systems"
11:40 am – L	ecture 3 – Dr. Ghulam Mustafa Assistant Professor Department of Biochemistry, Government College
	University Faisalabad
Title:	"Unlocking the Power of Network Pharmacology: Revolutionizing Drug Discovery through Systems

Biology and Multi-Target Therapeutics"			
12:00 pm – Lecture 4 – Dr. Asma Ashfaq, Lecturer, Department of Botany- University of Sargodha (UOS)			
Title:	"The proximate composition of vegetables enriched by incorporation of municipal solid waste into		
	fertilizers and its impacts on environment and human health"		
12:20 pm – Lecture 5 – Dr. Rana Shahzad Akhtar, Department of Botany- University of Sargodha (UOS)			
Title:			
12:20 pm – 1:15pm – Lecture 6 – Dr. Fiaz-ur-rehman, Associate Professor- Institute of Chemistry, University of Sargodha.			
Title:	"Computer Aided Drug Designing with conventional and Artificial intelligence tools"		
Lunch for Guests; 01:15-2:00 pm			
End of Day-III Activities; 02:00			

Practical Session for Selected Students at Laboratories (20th December, 2024)

Practical Session 10:00 am - 4:00 pm				
Time: 10:00 - 11:30 am for Section A1, Lab Work at <u>Biochemistry Research Lab</u> . Title: Inhibition assay of tyrosinase for applications in skin lightening. Instructor: Dr. Shagufta Kamal, Sumbel Malik, Anum Ali, Bakhtawar Sameer (GCUF).	Time: 10:00 - 11:30 am for Section B1Lab Work at SL-8.Title: Extraction of bioactive compounds for therapeuticapplications.Instructor: Dr. Naheed Akhtar, Ms. Maryam Afzal, MamoonaTariq, Azka Razzaq (GCUF-Faisalabad)			
Time: 11:30 am - 12:00 pm On Line Session, Title: "Anti-inflammatory activity of plant extracts against cell lines" Instructor: Dr. Hina Fatima (State Key Laboratory of Food Science and Resources, Nanchang University, Nanchang, China) Time: 12:00 - 01:00 pm for Section A1, Lab Work at Biochemistry Research Lab.	Time: 11:30 am - 12:00 pm On Line Session, Title: "Anti-inflammatory activity of plant extracts against cell lines" Instructor: Dr. Hina Fatima (State Key Laboratory of Food Science and Resources, Nanchang University, Nanchang, China) Time: 12:00 - 01:00 pm or Section B1, Lab Work at SL-8.			
Title: Determination of BMI and BMR Instructor: Dr. Riffat Iqbal (GCWUF)	Title: Alpha amylase inhibition assay for evaluation of in vitro antidiabetic activity of plant extracts. Instructor: Dr. Mubshara Saadia, Ms. Noor ul Huda			
Prayer Break 1:00 - 1:30 pm				
Time: 1:30 - 3:00 pm Lab Work at Biochemistry Research Lab. Title: Fractionation of alkaloid fractions by gel filtration column chromatography. Instructor: Dr. Sofia Perveen (GCWUF), Ms. Amna.	Time: 1:30 - 3:00 pm Lab Work at SL-8– Dr. Naila Rafiq (GCWUF) Title: Anti-bacterial activity using natural botanic Instructor: Khizra Imran			
Time 3:00 - 4:00 pm Lab Work at Biochemistry Research Lab. Title: Lab Safety Protocols Instructor: Mr. Ali Raza	Time 3:00 - 4:00 pm Lab Work at SL-8. Title: Bio-risk management in Labs Instructor: Dr. Sadia Aslam			

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Dr. Sadia Aslam

Dr. Nadia Afsheen

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